



**Dear Brothers and Sisters, Greetings!**

**Pugilism in the Art of Contemporary Medical Practice:-**

The medical fraternity has been indoctrinated and inculcated with the values and virtues of thorough clinical examination including history taking in the diagnosis and management of patients. This has been imbibed into our system of patient care indelibly and perpetually. Old is gold adage is never questioned and the compassion it generates during human touch is well established. Even during the current Pandemic times with adequate infection control and protective measures this can be achieved. During the clinical examination our rituals of Inspection, Palpation, percussion and auscultation would definitely help to identify Texture, Temperature and density of skin lesions and other abnormalities. You can visualize mentally the status and consequences stemming from a touch deprived scenario during medical assessments. Limitations of Telephone and video consultations are well established. In the newfangled certain quarters of medical society inclined to migrate towards high tech medicine and investigations displacing the old established clinical examination for multifarious reasons. Nobody is challenging, in the least that high tech medicine is an accessory tool to complement thorough clinical examination. Old habits should not be even allowed to die hard. The heirloom of clinical examination should be willed to our posterity for preservation and perpetuation. High tech medicine can supplement but not given carte blanche to supplant and substitute clinical examination practices. The Incontrovertible certitude is, preliminary thorough clinical examination should be mandatory and all other sundry high tech investigations should come after. The soothing, comforting words and the healing touch of the doctor have an important role in patient care. Clinical examinations is the art of medicine and let us follow religiously in our practice. Take care

Will keep in touch

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