

In Surgery

Appendicitis is one of the commonest illnesses requiring surgery. These operations are, however, not always indicated in many patients. Unless it is really acute with marked tenderness and leukocytosis; conservative treatment may succeed in them. Sub-acute /mild infection without marked symptoms may improve with antibiotics and rest. A complication of conservatively treated sub-acute appendicitis is uncommon and management is fast and proper in the era of good communication and connectivity. It should not be treated as a vestigial organ and removed casually.

Diagnosis is always clinical, supported by CBC. Ultrasound is however required for exclusion of other conditions. Whenever in doubt in diagnosis; laparoscopic surgery has advantages, more so in females. Otherwise, in a thin build, open appendectomy can give equally good scar.

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