Vascular

Apply a disposable glove on the hands of patients with poorly identifiable veins for a short period prior to attempting venous access. After taking the glove off, these patients' veins have greater visualization. The local warmth and constriction of the glove lead to peripheral vasodilation, which is responsible for this phenomenon.

Gloves are available in most clinical environments and do not require any specific training to put on. Clinical professionals consider the use of gloves as a useful adjunct for identifying stubborn veins.

Ref: Postgrad Med J October 2018 Vol 94 No 1116

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